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KC100
User Manual

Welcome to use our high-performance smart watch! Please read this manual carefully before use.
Please fully charge before use.
APP: Da Fit
1. Download and install
1.1 Press and hold the phone home screen
1.2 Search and download the Da Fit APP, or download "Da Fit" from the App Store or Google Play to install.
Compatible systems: Android 4.4 and above, IOS 8.0 and above

(Or scan to download APP application)

1.3 Open the installed APP and follow the prompts to complete the APP settings
Step 1: Turn on the mobile phone Bluetooth
Step 2: Select the "Da Fit" application and click "Add device" to connect

Step 3: Click the "Add" button in the upper right of the KC100 watch, "Allow" in the pop-up menu, such as "28001", if the system prompts "Set Bluetooth", select and click "Pair" in the pop-up window, such as the last four digits of the watch's Bluetooth connection, as shown below.
Note: If it is an Android watch, it may be paired and connected in the system, then the setting is completed, and it is not necessary to connect in the APP. If it is an iOS watch, it is necessary to connect in the APP. Click to allow notification permission.

1. APP Function Introduction
1.1 Sleep monitoring: Sleep time, deep sleep, light sleep, and sleep quality can be recorded and analyzed. If you wear the watch to sleep, it will automatically recognize and record your sleep time. Using the APP, it can also be manually turned on and off, and the sleep data can be viewed in the APP. Sleep monitoring can be turned on by default, and the sleep data can be viewed in the APP. Sleep monitoring is not supported in the Bluetooth disconnected state. If the APP is not connected for a long time, the watch will upload the sleep data to the APP when it is connected to the APP next time